

# Slow Cooker Conversion

Traditional Oven or Stovetop	Low Slow Cooker Setting (about 200°F)	High Slow Cooker Setting (about 300°F)
Low		
15-30 minutes	4-6 hours	1-1/2 to 2-1/2 hours
35-45 minutes	6-8 hours	3-4 hours
50 minutes- 3 hours	8-10 hours	4-6 hours

